

AKASHICPSI

Channeling, Consciousness & Discernment

Part 2 · A research companion to
Mayim Bialik's Breakdown with Dr. Helané Wahbeh

THE QUESTIONS BEHIND THE HEADLINE

Shared narratives. Mixed telepathy results.
What can the evidence actually tell us?

TEN VISUALS / FULL FEATURE / UPDATED 21 SEPTEMBER 2026

Wonder, with room for better questions.

Prepared by AkashicNET · AI-assisted writing, research and design Estimated reading time: 14-17 minutes

Mayim Bialik and Jonathan Cohen's conversation with Dr. Helané Wahbeh opens a wide field: channeling, telepathy, energy healing and the possibility of consciousness beyond familiar boundaries. This magazine follows those questions while separating testimony, measured outcomes and interpretations.

The episode was published on 17 September 2026. Wahbeh is introduced as Director of Research at the Institute of Noetic Sciences (IONS) and author of *The Science of Channeling*. Her research provides an opportunity to ask more precise questions about unusual experiences. [1]

ORIGINAL EPISODE TITLE

UFO Military Files Matched What Psychics Have Been Channeling | Dr. Helané Wahbeh

[Watch Part 2 on YouTube](#)

[Read our Part 1 Reddit post: Psychic Ability 101](#)

[Watch the original Part 1 episode](#)

Inside this edition

- 03-06** Channeling, archives and the verification gap
- 07-08** Telepathy, healing and the limits of inference
- 09-10** Four evidence questions and AkashicOMNI
- 11-14** Webinar update, research agenda and sources

Editorial connection: this feature follows the Living Network theme of #HOMESENSE818. The separate IONS webinar review is the next companion. Publication dates remain outside this research edition.

Begin with the right question.

A reported experience, a useful insight and verified information are different research targets.

The episode describes a program organized around prevalence, who reports channeling, how it might work and whether its content can be useful or checked. This is a valuable starting point: make a broad claim small enough to investigate.

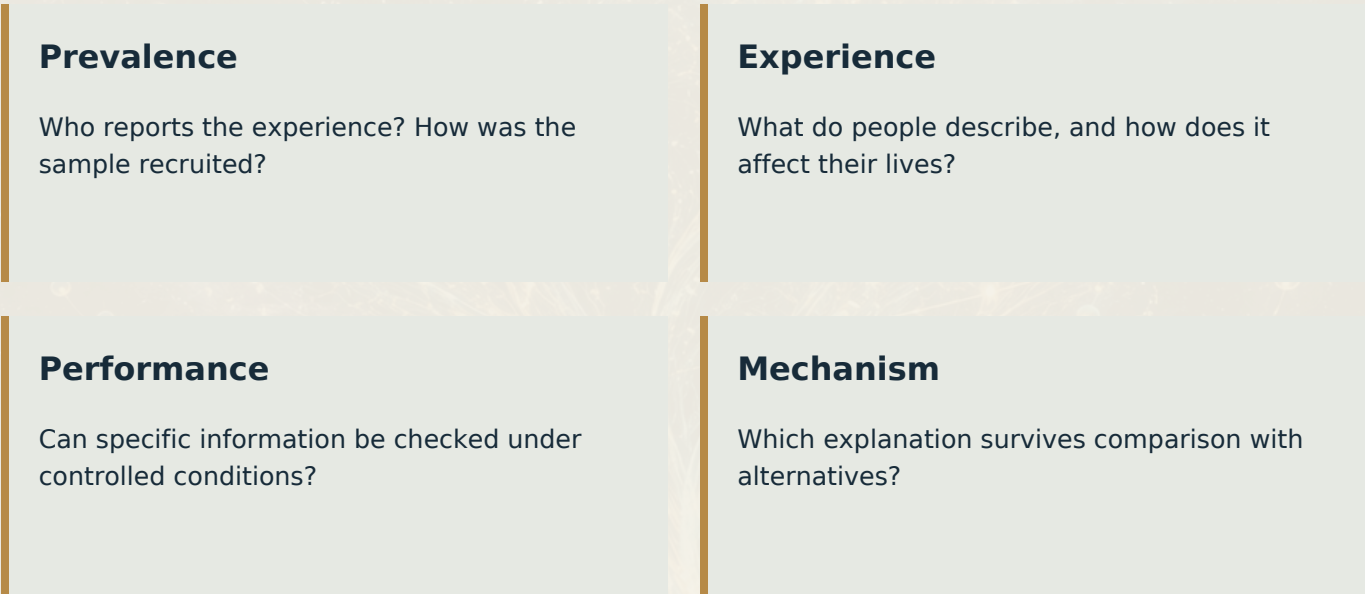


FIGURE 02 A map of research questions. These categories require different methods; success in one does not settle the others.

The prevalence claim needs its denominator

The supplied episode summary reports a figure near eight in ten under a broad definition that includes intuition. The exact survey, sampling frame and question wording remain unverified here. It should not become a claim that 80% of all people have demonstrated channeling ability.

Likewise, reports of generally non-clinical screening scores in sampled experiencers should stay tied to those samples. A self-report survey cannot establish either a paranormal mechanism or the mental-health profile of everyone who has an unusual experience.

What did “matched” actually mean?

Semantic overlap describes similarities in language and concepts. It is not a factual-accuracy percentage.

A retrospective study compared a curated channeling collection with UFODex, a large ufological archive containing books, periodicals and archival documents. Some materials concern military or disclosure topics; the archive as a whole is not verified military evidence. [2]

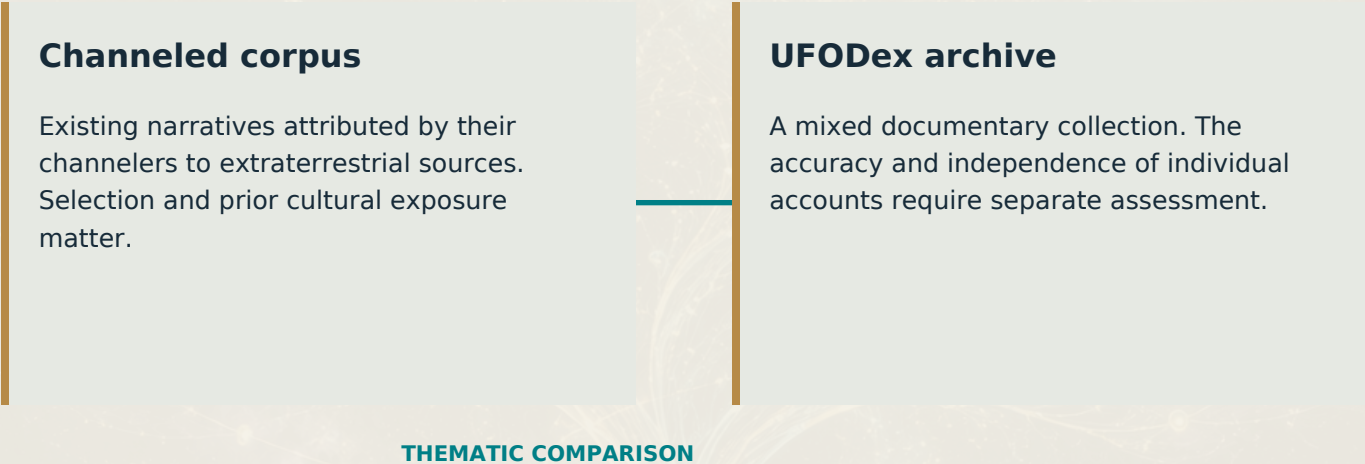


FIGURE 03 Two corpora can share concepts without independently verifying each other’s claims.

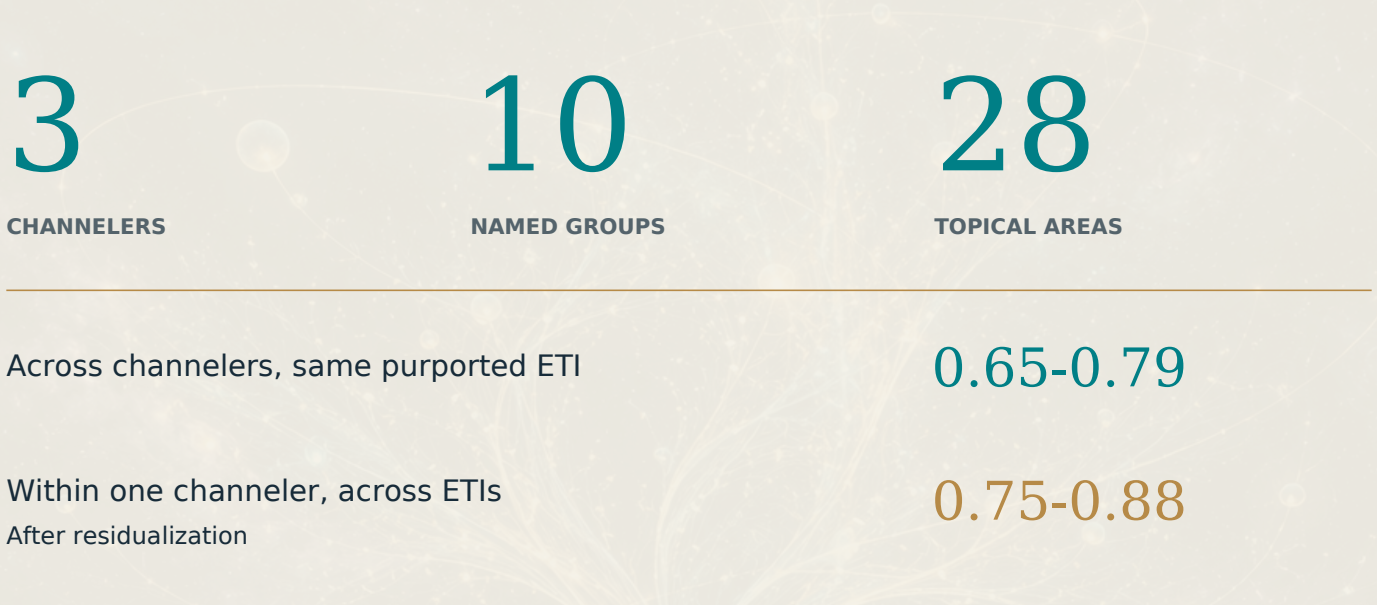
The reported semantic-similarity range was 0.66-0.88 on selected questions. Topics including disclosure, psi and time showed overlap. The corpora also differed in emphasis: consciousness and ethics on one side; secrecy, technology and geopolitics on the other. [2]

The headline compresses all of this into “military files matched.” That wording encourages a stronger reading than the method supports. Matching ideas is not the same as identifying a previously unknown fact, documenting it before disclosure and then verifying it independently.

A stronger follow-up would report misses, include unrelated comparison texts, disclose selection rules and test whether specific predictions outperform shared cultural narratives.

Shared themes. How specific are they?

Standardized collection improves comparability. The identity of a purported source remains a separate question.



3

CHANNELERS

10

NAMED GROUPS

28

TOPICAL AREAS

Across channelers, same purported ETI

0.65-0.79

Within one channeler, across ETIs
After residualization

0.75-0.88

FIGURE 04 Reported semantic-similarity ranges, not accuracy rates. Different comparisons and processing; these are not directly comparable effect estimates. [3]

The prospective work used three experienced channelers and standardized interviews. Its abstract reports measurable organization in the resulting text. High similarity also persisted when a single channeler described different purported ETI groups. [3]

That second finding deserves equal prominence. Repeated themes might reflect a channeler's style, familiar narratives or the shared prompts. Group-specific information would require a more discriminating test: can independent judges identify the claimed group from a response when identifying labels and generic themes are removed?

Our interpretation: this is a useful feasibility and content-structure study. It does not establish a source outside the participants. Statistical claims about "non-randomness" would need the full model, baselines and analysis decisions.

Where verification remains open.



FIGURE 05 An artistic metaphor for the gap between an account and an independent check. No mechanism is depicted.

IONS reports that requests for independently checkable details were consistently declined, with trust framed in terms of inner discernment. [4]

That does not prove fabrication. It does leave the decisive external check unmet. Confidence in the sincerity of an experience is different from evidence about its source.

Useful tests would specify a target in advance, conceal relevant information, record the response before feedback and score successes and failures under the same rules. Shared culture, expectation, common prompts and information leakage belong among the competing explanations.

Curiosity can remain open while the conclusion remains unresolved.

Two studies. Keep them separate.

The clearest numerical comparison comes from the published telephone experiment, not the episode’s Zoom report.

TELEPHONE STUDY: COMPLETER TRIALS

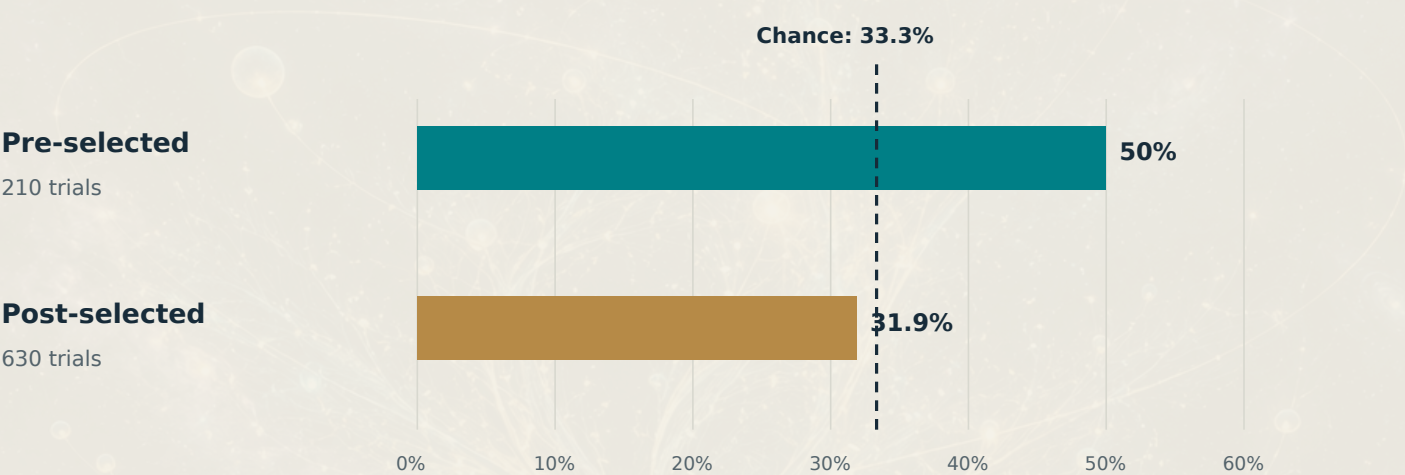


FIGURE 06 Published accuracy: 50.0% ($p < .001$) and 31.9% ($p = .61$), each compared with 33.3% chance. No confidence intervals supplied in the inspected abstract. [5]

The study used triads and two selection timings. Pre-selected trials exceeded chance; post-selected trials did not. Emotional closeness was not significant at .05; communication frequency was associated with accuracy. Recruitment difficulties led to protocol changes, and conventional explanations were not fully excluded. [5]

Zoom intention task: episode-reported

The supplied episode summary describes 100 emotionally bonded pairs and above-chance guessing of intention versus a distractor task. The primary methods, effect size, blinding and leakage controls remain unverified here. No numerical result is invented for this panel.

A positive result in one design does not establish a general telepathic mechanism.

An experience. An outcome. A cause.

These are related questions, but they are not interchangeable.

The supplied episode summary describes Reiki and energy-medicine pilots with well-being changes and unexpected reports of guides or other beings. The exact trials, controls and outcome tables have not been independently matched in this edition.

01	Experience	What did the person report?
02	Outcome	What changed, and over what time?
03	Comparison	What happened in the control group?
04	Measurement	Was it blinded, objective and prespecified?
05	Mechanism	Which explanation fits better than its rivals?

FIGURE 07 A reading guide for healing claims. Reports of benefit and reports of entities require different kinds of corroboration.

Attention, expectation, relaxation and natural fluctuation can contribute to a change after a session. A causal treatment claim requires an appropriate comparison. An objective measurement still needs sound controls; a guide report remains a report unless independently tested.

The episode’s parenting reflections, spirit-attachment discussion and intergenerational-trauma questions add personal and interpretive material. They do not, on this record, establish a clinical benefit or a verified explanation involving external beings.

Four questions. No automatic leap.

Narrative coherence · Specificity · Verified accuracy · Source explanation

COHERENCE

Does the account hang together?

Consistent themes can arise from many sources.

SPECIFICITY

Does it distinguish this target?

Generic similarity may fit many different targets.

ACCURACY

Does an independent check agree?

Predictions must be testable, with misses counted.

SOURCE

How was the information obtained?

Accuracy alone does not identify a mechanism.

FIGURE 08 Four independent questions for reading anomalous-experience research. This is an editorial tool, not a validated scoring system.

The channeling papers offer material about coherence and possible specificity. The high similarity across different claimed groups complicates specificity. Independently verified accuracy and source identity remain open. A compelling story, or a strong feeling of resonance, cannot supply a missing test.

A framework for inquiry, with uncertainty intact.

AkashicOMNI v0.4.3 · PRE-ALPHA · Release dated 19 September 2026

HOMESENSE818’s Living Network is an editorial bridge: relationships and interdependence invite investigation. Ecological networks are not, by analogy alone, evidence of a universal information field. AkashicPSI can explore that distinction explicitly.

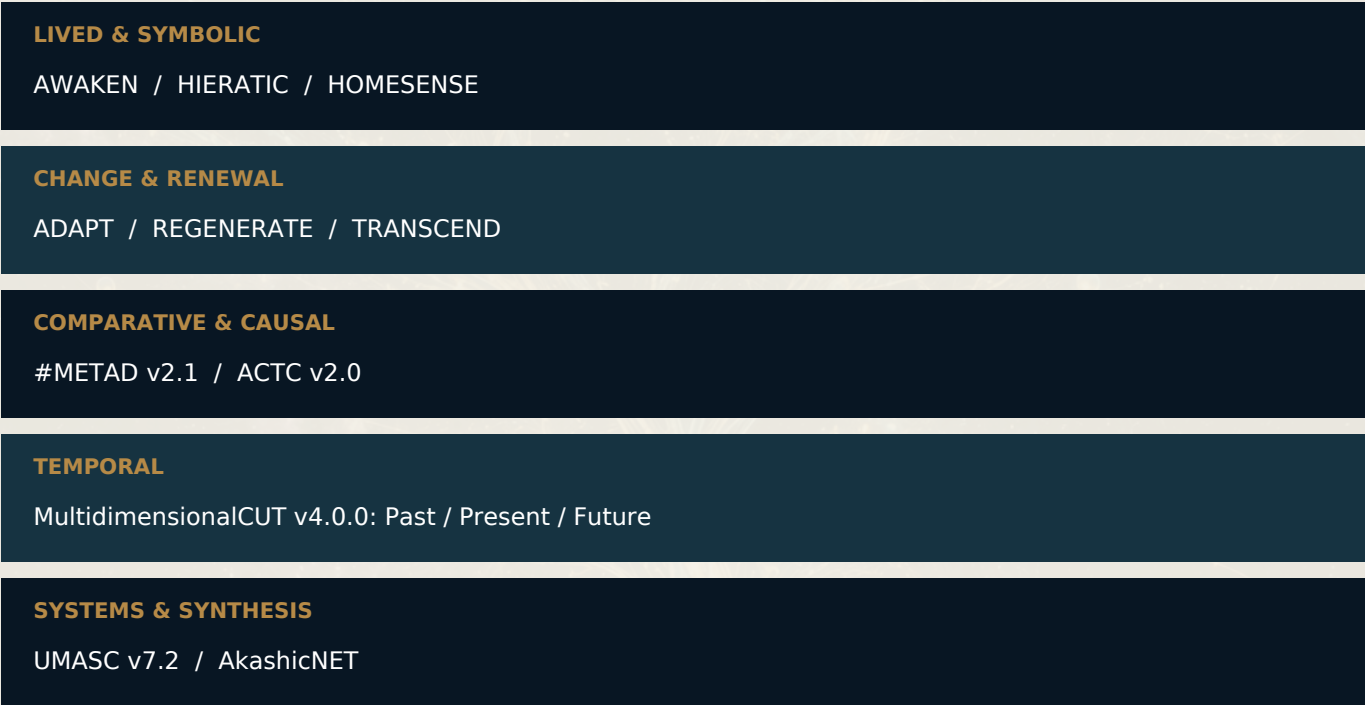


FIGURE 09 Thirteen interpretive perspectives, grouped for readability. “13D” describes perspectives here, not demonstrated physical dimensions.

EXPAND² v0.1 adds two moves: **Discern** the claim, sources and missing information; **Deepen** through alternatives, contradictions, consequences and time. Outcome signals express assessments, not truth scores.

This feature is an integration note, not a completed application of every perspective. BQ001 remains UNRESOLVED. No evidence promotion or canonical truth-status change follows. The proposed v0.5.0 capability remains unreleased. [8]

A vision for humanity.

What the 49-slide review adds, and what it does not.



The completed AkashicNET review covers all 49 pages of the supplied IONS ConnectIONS Live presentation, dated 18 September 2026. It reviews the deck at presentation level; it does not audit the spoken webinar, audience Q&A;, research transcripts or raw data. [7]

The deck describes 30 sessions involving three channelers, ten named purported ETI groups and a 28-question protocol. Thirty sessions are not thirty independent participants. Semantic and qualitative analyses of one dataset are complementary views, not independent replications.

Its social vision provides material for reflection: care, education, ecological repair, provision of basic needs and rehabilitation. The usefulness of these ideas can be discussed separately from whether the attributed cosmology is true. The deck's own boundary between narrative content and source identity is central.

Two denominator corrections are especially useful: a cited 74% concerns societies in an older cross-cultural source, not all people; a 36% category concerns survey respondents' claimed sources, not an ETI verification rate. Neither number belongs in a general-population prevalence chart.

Keep this companion distinct from the Mayim episode. The magazine does not reproduce IONS slides or imply an institutional endorsement.

Make the next test more informative.

Rank research leads by the question they can resolve, rather than by how extraordinary the story sounds.

- 
- 01 **Specify** Write the prediction, target and scoring rule before data collection.
 - 02 **Separate** Blind assessors; restrict leakage; include useful comparison material.
 - 03 **Discriminate** Test whether group-specific answers outperform generic narratives.
 - 04 **Quantify** Report effect sizes, uncertainty, dependencies and multiple testing.
 - 05 **Expose** Publish exclusions, misses, null findings and sensitivity analyses.
 - 06 **Replicate** Invite independent teams to repeat a clearly documented protocol.

FIGURE 10 A prospective research agenda. These are proposed checks, not claims that the reviewed studies already meet them.

Priority leads: obtain the bonded-pairs methods; inspect the prospective channeling matrices and residualization; test archive matching against cultural baselines; replicate telephone protocols; identify the exact healing trials before drawing clinical conclusions.

Follow the episode. Keep the access limits.

A partial chapter map, not a complete continuous transcript.

~02:14	How channeling is studied
~03:42	Prevalence and experiencers
~13:03	Emotionally bonded-pairs telepathy
~19:08	The hosts' synchronicity stories
~23:23	ET channeling and the archive comparison
~38:19	Parenting reflections
~41:19	Reiki and energy medicine
~48:23	Spirit attachments and clearing
~52:54	Trauma and energy work

Times are approximate, carried from the supplied episode notes and chapter map. They have not been independently checked against every minute of the video. Exact watch duration was not verified.

How this edition was prepared

This is an AI-assisted editorial adaptation of the full post and its corrections, informed by recent related chat records, official episode information, IONS abstracts and commentary, and the saved 49-slide analysis. It is not a full-transcript, full-paper or raw-data audit.

Source access is not uniform. The channeling and telephone numbers are linked to the inspected publication summaries. The Zoom protocol, broad prevalence and healing descriptions retain their episode-summary status. The non-physicalist framing is an interpretation; these findings do not settle whether consciousness extends beyond the brain. No quotation is reconstructed from missing captions.

Original generated artwork is metaphorical. Charts and diagrams are editorial graphics. No artwork depicts verified entities, energy fields or mechanisms. The artwork direction is cosmic filaments and luminous ribbons, made with built-in image generation. This is not an IONS publication or endorsement.

The trail stays visible.

1. Episode and publication date

Mayim Bialik's Breakdown, 17 September 2026. Official episode page; supplied partial notes used for detailed episode claims.

2. Retrospective archive comparison

Wahbeh et al. Semantic Correspondence Between Trance-Channeled ET Messages and Ufological Records. DOI: 10.31275/20263817.

3. Prospective semantic analysis

Wahbeh & Glick (2026). Semantic Structure and Correspondence. Abstract-level numerical reporting. DOI: 10.1080/02604027.2026.2656120.

4. IONS explanatory article

What Happens When Three Channelers Describe the Same Extraterrestrials? Includes the declined-verification discussion.

5. Telephone experiment

Wahbeh, Cannard, Radin & Delorme (2024). Who's Calling? EXPLORE 20(2), 239-247. DOI: 10.1016/j.explore.2023.08.008.

6. Companion qualitative paper

Wahbeh & Glick (2026). Qualitative Structure and Meaning. Linked for follow-up; not an independent dataset. DOI: 10.1080/02604027.2026.2656119.

7. Presentation-level update

A Vision for Humanity, ConnectIONS Live, 18 September 2026. Magazine uses the saved AkashicNET 49-slide review; no spoken-webinar audit.

8. Framework baseline

AkashicOMNI v0.4.3 release metadata checked in the project source on 21 September 2026. PRE-ALPHA; this is not a full framework execution.

What result would change your interpretation?

With thanks to Dr. Helané Wahbeh, IONS, Mayim Bialik and Jonathan Cohen for opening the conversation. The next step is to keep the questions both imaginative and testable.